

THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2013 Sporting Excellence in Karate National Level

## **James Lee**

This is to certify that James Lee has achieved the standard of Sporting Excellence in Competition Sport Karate. James competed at National Championships throughout England in 2013 winning the medals and titles listed below:-

## Championship Success - 1 Gold 2 Silver

**Hull and East Yorkshire Championships** - 29<sup>th</sup> September, Hull Silver - Individual Kata

## Shindo Kai National Championships - 17<sup>th</sup> November, Barnsley

Gold - Individual Kata Silver - Pairs Kata

Congratulations on your sporting achievements throughout 2013. Well done James.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy







The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.